



DEPARTMENT OF
**PREVENTIVE MEDICINE
& HEALTH PROMOTION**

6 Week *In-person* Stop Smoking Course

Open to all who would like to stop smoking

Mondays from 5.30pm - 7.00pm

Scan the QR code to register online



19th August 2024

Introductory session

23rd September 2024

Final session

This six week course will:

- Provide support
- Help develop skills to stop smoking
- Provide advice on stop smoking medications

For more information and to book a place, please contact:

**Department of Preventive Medicine
and Health Promotion**

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**ST. VINCENT'S
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