



Patient Safety Goal 5

Reduce the Risk of Health Care Associated Infections

Hand hygiene reduces risk of healthcare-associated infections.

How can I, as a member of staff, contribute to this goal?

1. Use alcohol hand rub for hand hygiene except in the following situations, hands must be washed with soap and water when:
 - Hands are visibly soiled
 - Caring for patients with known or suspected *Clostridioides Difficile* infection
2. Clean hands according to the WHO '5 moments for hand hygiene':
 - Before patient contact
 - Before an aseptic / clean procedure
 - After exposure to blood or body fluid
 - After patient contact
 - After contact with patient surroundings
3. Clean hands before and after wearing gloves
4. Use standard precautions for all patients
5. Use transmission based precautions for patients with confirmed or suspected infection (e.g. MRSA, VRE, CPE, *Clostridioides Difficile* infection, TB, Norovirus, Covid-19)

Refer to QPulse for:

PPG-ORG-202: Hand Hygiene

Contact the Infection Prevention and Control Team on Bleep 122